

## Visitor Guidelines

We encourage you to have visitors throughout your hospital stay. **No one – including your caregiver and any other family member or friend – is allowed to stay in your room overnight.**

Because you will be at risk of infection, we require special precautions for visitors to the transplant unit. These policies are subject to change. Ask your care team if you have questions.

- A designated immediate family member or caregiver (e.g., spouse, partner, significant other, adult child, or other caregiver) is welcome at any time, depending on your need for medical care/treatments, rest, privacy, safety, and preference.
- Family and friends are encouraged to **visit between 11 a.m. - 8 p.m.** to give the care team time in the morning to meet your health and personal care needs.
- We recommend **limiting the number of visitors at your bedside to two** at a time, due to space constraints. The number of visitors should take into consideration how you feel and your preference. Family waiting rooms and the Bretholtz Center at BWH are available for visitors when they are not able to be in your room.
- **All visitors must be free of infection or exposure to communicable diseases** and will be asked to complete a screening form each day.
- Visitors should not come to the hospital if they think they have been exposed to chickenpox, especially young children.
- Visitors should not handle medical supplies, sit on the bed, use the bathroom in your room, or eat/drink in your room.
- **Children under age 12 are permitted only if they are the patient's siblings, children, or grandchildren.**
  - Have your caregiver or designated family member check with your care team ahead of time to make sure it's OK for the child to come to the inpatient floor.
  - Children must have adult supervision (other than the patient) at all times while they visit.
  - Visitation may be limited due to your condition and/or preference.
  - Children must be up-to-date with all vaccinations and free of cold, cough, fever, diarrhea, etc.

- All visitors must **wash their hands with soap and water** (or waterless antibacterial cleaner), **wear gloves and a mask**.
- All items in the room are for your use only. Please **do not share anything** with other patients or visitors. The room and its contents will be specially cleaned and prepared for you before your admission.

**Visitors may bring:**

- Items made of paper or objects that can be wiped down with antibacterial wipes.
- Games, computer games, videos, and CDs
- Only food items approved by the Nutrition Department or your care team.
- Pre-packaged food items

**Visitors may NOT bring:**

- Fresh flowers, plants, and fruit baskets
- Homemade food, unless approved by the Nutrition Department or your care team
- Restaurant or take-out food